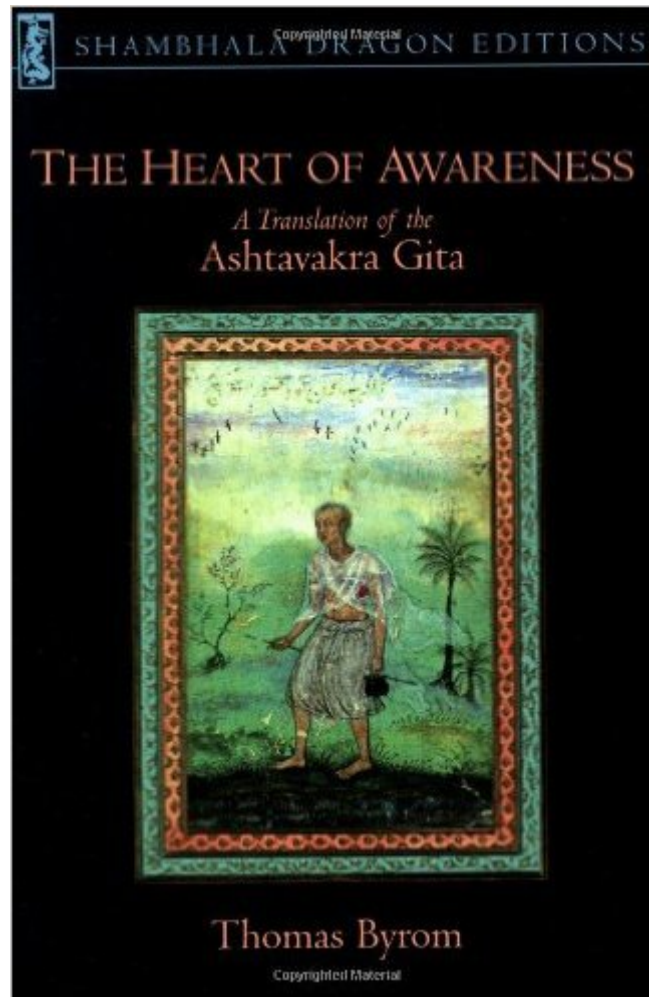


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# The Heart Of Awareness: A Translation Of The Ashtavakra Gita (Shambhala Dragon Editions)



## Synopsis

The Ashtavakra Gita conveys with beauty and simplicity the essential teachings of Advaita Vedanta, the most influential of the Hindu philosophical systems. Composed by an anonymous master of the school of the great sage Shankara, it is a book of practical advice for seekers of wisdom as well as an ecstatic expression of the experience of enlightenment. In this simple, aphoristic version, the translator conveys the clarity and lyricism of the Sanskrit original with fluency and precision.

## Book Information

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## Customer Reviews

Doing a review of The Heart of the Ribhu Gita tonight, it occurred to me that I should do a review of this book as well, since the two are tied in my mind as the most sublime of all Hindu writings. I have had an old copy of the root text of this book (The Ashtavakra Gita/Samhita), translated and printed in India in 1981, that I have always dearly loved. I used to take it with me wherever I went and was reading it constantly. I recall one morning early when I was reading it on the shuttle back to the San Francisco airport from Santa Rosa where I had travelled the night before from New Mexico at somebody's insistence to attend an all-night ayahuasca ceremony, back when such things seemed important, probably the late 1980s. So, in rather an altered state still, and high on these beautiful verses, suddenly someone yells out from the back of the shuttle, "The Ashtavakra Samhita?!!!" Turns out I'm sharing the shuttle with a couple of Da Free John devotees, so we had a good old time the whole way to the airport discussing the Samhita, as well as the Tripura Rahasya, the

Avadhuta Gita and other such esoteric lore. Perhaps, only in California, and perhaps, for me, only back then! When this rendition by Thomas Byrom came out a few years later I was hesitant to even look at it, loving my old one so, and having become rather jaded by the many poorly written renditions of the Hindu and Buddhist classics that were hitting the market. But I was most pleasantly surprised: turns out I was, and remain, very deeply impressed with Mr. Byrom's fresh and modern translation. It is outstanding in every sense. So open. So light. Capturing in its tone just the sort of liberating outlook these verses are talking about.

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